

Services Include:

Laundry
Housekeeping
Local Telephone
Cable and Internet
Personal Assistance
Emergency Call System
Administration of Medication
Nutritious Meals and Snacks
Recreational and Social Programs



Local Amenities:

Banking
Shopping
Recreation Facilities
Convenient Transportation
Hospital and Healthcare Services

*B*ridgewater, the largest community on Nova Scotia's South Shore, has long been considered a gateway to comfortable living. Boasting excellent medical facilities, convenient and varied shopping on a traditional Main Street and beautifully situated on the scenic LaHave river, retirement living in Bridgewater simply makes sense. Parks, museums, banks, walking trails, a community public library and an array of festivals and events are among the many amenities this vibrant Town has to offer. The hobbies and activities you have enjoyed will be well supported by the Town's existing programs, clubs and facilities.

*E*asily accessible and with a strong and vibrant economy, Bridgewater is close to Metropolitan Halifax and conveniently accessible by international ferry to the US or by air through the Stanfield International Airport.

The Ridgewood is poised to become Bridgewater's cornerstone community for retirement living.

Your Community

*R*etirement living is about freedom - freedom to be yourself, freedom to live well and to grow.

Your Home

At *The Ridgewood* we understand that vision and have made it our goal. Together we will work to make it a reality.



For More Information Contact:
www.ridgewoodbridgewater.ca
Phone: 902-543-9304
372 Aberdeen Road
Bridgewater, NS
B4V 2S6

Your Community

Your Home



Welcome to The Ridgewood



As you consider retirement living, we invite you to include The Ridgewood in your planning.

The Ridgewood is a state of the art residence, built on a foundation of community, care and convenience. Nestled amongst a grove of mature pines, The Ridgewood is

structured to offer its' residents an alternative living experience, close to amenities and services. This environment is ideal for those who value independent living and appreciate the benefits of personalized support and service.

Located on a pine bluff, in close proximity to the South Shore Regional Hospital, and a one hour drive from Halifax's healthcare facilities, this well planned facility will support carefree residential living. This 26,000 square meter facility will include a spacious diningroom for residents, recreation facilities, a comfortable and spacious community living area surrounded by well appointed guest suites.



Fostering a sense of a 'community within a community', it is our belief that continued good health begins with the knowledge and understanding of seniors, their values, beliefs and capabilities. With this understanding, we have included in our service delivery those individuals best equipped to offer our guests the respect, support and care they require.



Home

We encourage and support a healthy and active lifestyle through our supervised residential programming and encourage our residential family to become involved in the daily activities developed for your interest and enjoyment. From professionally developed activities through meals that will appeal to our guests' interests, nutritional requirements and preferences, The Ridgewood is a leader in retirement living.



Our guestrooms are designed with safety and accessibility in mind. The generously sized rooms are well appointed and able to accommodate personal furnishings in addition to those provided. Each has a private bathroom with safety features, cable television and spacious closets. All are accessible, offer an abundance of natural light and 24 hour communication access.

Community

Ridgewood