



RIDGEWOOD

ASSISTED LIVING

Ridgewood is an assisted living home committed to providing seniors and their families with quality options for care. Our focus is on supporting and maintaining independence in a safe and respectful environment.

As we age, our needs change. Our philosophy of care supports “Aging-in-Place”. This allows residents to live where they feel comfortable and at home, even as their requirements for care change.

Our team works closely with all our residents and their families to develop individualized care plans to enable independent assisted living with supportive care in a safe environment. Our Residents and their families have told us they want care options to best meet their needs as they age. Our Care Packages are flexible and billed on a monthly basis to assist with budgeting and planning.

CARE PACKAGES

Care Package 1: Inclusive Assistance – included in monthly rent (\$3000 - \$3200)

- Furnished suite and private bathroom with shower (includes seat)
- Linen and towel service
- 3 home cooked meals daily plus snacks (we use local and fresh ingredients)
- Heat, lights and all utilities are included
- Wireless internet, digital cable, phone and Nxtgen Care
- Assistance with one shower or bath per week
- Personal laundry
- Daily, weekly and monthly housekeeping
- Large common living room with fireplace and big screen television
- Well-appointed dining room with air conditioner and humidity control
- Secure building with 24 hour staff to monitor residents well being
- Daily programs and activities
- Regular live entertainment
- Emergency call system
- LPN coverage
- Secure medication administration system
- Hourly suite checks at night to ensure resident is safe and comfortable

Care Package 2: Basic Assistance – \$500 monthly

(Includes Care Package 1, in addition, any of the following services, as required)

- Diabetic monitoring and management
- Return from hospital monitoring and management (including vitals)
- Occasional prompting , cueing and/or assistance with
 - Dressing, toileting, bathing, oral care, eating, mobility and transfer
 - Ostomy care
 - Wound care and bandage/dressings
 - Communication with physicians, pharmacy, and/or other outside agencies
 - Porter service (escorting) to dining room and/or activities

Care Package 3: Enhanced Assistance – \$850 monthly

(Includes Care Package 1, in addition, any of the following services, as required)

- Diabetic monitoring and management
- Return from hospital monitoring and management (including vitals)
- Regular/daily assistance with
 - Dressing, toileting, bathing, oral care, eating, mobility and transfer
 - Ostomy care
 - Wound care and bandage/dressings
 - Communication with physicians, pharmacy, and/or other outside agencies
 - Porter service (escorting) to dining room and/or activities

Care Package 4: Complete Assistance – \$1400 monthly

(Includes Care Package 3 and any of the following services, as required)

- Mechanical lift for transfers (requires 2 staff)
- Palliation
- Pressure Point Management

Extras

- Hair Care - Independent contractor billed at cost
- Foot Care - Independent contractor billed at cost
- Lab Services - Independent contractor billed at cost
- Transportation to local appointments (subject to availability of driver) - \$20/hour
- Accompaniment to appointments (subject to availability of staff) - \$20/hour
- One on one continuous care - \$20/hour