



Ridgewood is an assisted living home committed to providing seniors and their families with quality options for care. Our focus is on supporting and maintaining independence in a safe and respectful environment.

As we age, our needs change. Our philosophy of care supports “Aging-in-Place”. This allows residents to live where they feel comfortable and at home, even as their requirements for care change.

Our team works closely with all our residents and their families to develop individualized care plans to enable independent assisted living with supportive care in a safe environment. Our Residents and their families have told us they want care options to best meet their needs as they age. Our Care Packages are flexible and billed on a monthly basis to assist with budgeting and planning.

## **CARE PACKAGES**

### **Care Package 1: Inclusive Assistance – (Prices vary depending on suite size and needs. Please email for quote)**

- Furnished suite and private bathroom with shower (includes seat)
- Linen and towel service
- 3 home cooked meals daily plus snacks (we use local and fresh ingredients when available)
- Heat, lights and all utilities are included
- Wireless internet, digital cable, phone and Nxtgen Care
- Assistance with **one scheduled** shower or bath per week
- Personal laundry
- Daily, weekly and monthly housekeeping
- Large common living room with fireplace and big screen television
- Two well-appointed dining rooms with heat pumps and humidity control
- Secure building with 24 hour staff to monitor residents well being
- Daily, including evenings and weekends programs and activities
- Regular live entertainment
- Emergency call system
- LPN/RN coverage
- Secure medication administration system
- Hourly suite checks to ensure resident is safe and comfortable 24 hours/day
- Available onsite Hair Salon (charges apply)
- Available onsite Foot Care Nurse (charges apply)

### **Care Package 2: Aid Specific Required Assistance – \$400 monthly**

**(Includes Care Package 1 (which includes ONE assisted shower per week), in addition, one of the following services that require staff to complete; this package has a total of one scheduled, assisted shower per week.)**

- Daily Compression stocking care: daily donning, doffing and cleaning
- Daily oxygen care management: weekly cleaning, storage and daily escorting to/from dining room
- Daily assistance with prosthesis/braces
- Daily CPAP care: daily application and weekly cleaning
- Daily Hearing Aid Assistance: insertion and removal, storage and charging
- Daily Porter Service to and from dining room only
- Daily assistance with morning and evening care prompting residents to complete washing/oral care/dressing/undressing

### **Care Package 3: Basic Assistance – \$500 monthly**

**(Includes Care Package 1 (which includes ONE assisted shower per week), in addition, any of the following services below that require occasional assistance from staff to complete. This package has a total of TWO scheduled, assisted showers per week)**

- Diabetic monitoring and management
- Return from hospital monitoring and management (including vitals)
- Occasional prompting, cueing and/or assistance with
  - Dressing, toileting, oral care, eating, mobility and transfer
  - Ostomy care
  - Wound care and bandage/dressings
  - Communication with physicians, pharmacy, and/or other outside agencies
  - Porter service (escorting) to dining room and/or activities

### **Care Package 4: Enhanced Assistance – \$850 monthly**

**(Includes Care Package 1 (which includes ONE assisted shower per week), in addition, any of the following services that require staff to complete daily; this package includes TWO scheduled, assisted showers per week for a total of THREE scheduled assisted showers per week)**

- Diabetic monitoring and management
- Return from hospital monitoring and management (including vitals)
- Daily assistance with:
  - Dressing, toileting, oral care, eating, mobility and transfer
  - Ostomy and oxygen care
  - Wound care and bandage/dressings
  - Communication with physicians, pharmacy, and/or other outside agencies
  - Porter service (escorting) to dining room and/or activities
  - Compression stocking care: daily donning, doffing and cleaning

- Oxygen care management: weekly cleaning, storage and daily escorting to/from dining room
- Assistance with prosthesis/braces
- CPAP care: application and weekly cleaning
- Hearing Aid Assistance: insertion and removal, storage and charging

**Care Package 5: Complete Assistance – \$1400 monthly**  
**(Includes Care Package 4 and any of the following services, as required) This package includes 3 scheduled assisted tub baths per week.**

- Mechanical lift for transfers (requires 2 staff)
- Palliation
- Pressure Point Management

#### **Extras**

- Hair Care - Independent contractor billed at cost
- Foot Care - Independent contractor billed at cost
- Lab Services - Independent contractor billed at cost
- Personal Music Therapy - Independent contractor billed at cost

**Please Note: all prices are subject to change and extra services can be added or deleted at any time depending on contractor availability.**